

SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SÁBADO
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9:30 LOCALMIX	10:00 BUMBUM	09:30 ZUMBA FITNESS		9:30 PILATES	10:00 ZUMBA FITNESS
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10:50 GAP

13:15 BK FIT

13:15 Spin

18:30 POWER

18:30 Spin

18:40 STEP

18:00 LUXUS HIIT

18:40 PILATES

18:30 FIGHT DO

19:15 UBOUND

19:20 STRONG BY ZUMBA

19:30 GAP

19:30 POWER

19:10 ZUMBA FITNESS

20:00 yoga

20:00 BUMBUM

20:00 Spin

20:30 BK

20:00 MEDITAÇÃO

21:00 Spin

20:50 OXIGENO

20:50 BUMBUM

